# **REVIEW / ARTÍCULO DE REVISIÓN**

# Potential bioactive compounds of medicinal plants against new Coronavirus (SARS-CoV-2): A review

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Abstract: Nowadays, COVID-19 cases are growing worldwide, and there is no evidence of an effective drug to combat the new SARS-CoV-2 virus. In this sense, medicinal plants as an alternative treatment are being used without control to handle the pandemic situation. Therefore, bioactive compounds against Coronavirus of medicinal plant species that grow in Ecuador are discussed. The plant species described in this review are Azadirachta indica, Cinchona pubescens, Coriandrum sativum, Cúrcuma longa, Eucalyptus spp, Morus alba, and Salvia rosmarinus[A3]; and compunds are curcumin, coriandrin, deoxynojirimycin, kuwanon G, mulberroside A, oleanolic acid, rosmarinic acid, ursolic acid, quinine, eucalyptol, and jensenone.

Key words: Bioactivity, Coronavirus, COVID-19, medicinal plants, SARS-CoV-2.

#### Introduction

SARS-CoV-2, the virus that causes coronavirus disease 2019 (COVID-19), is a new type of Coronavirus that currently has claimed 5,682,389 of infected people and 354,944 deaths globally. In Ecuador, the facts are also alarming, with 38,103 confirmed cases and 3,275 deaths<sup>1</sup>.

The development of treatments to combat this terrible global pandemic is still under study by the scientific community because therapeutic options are not effective<sup>2</sup>. Different combinations of medicines are being assessed without considering possible adverse effects and interactions due to health emergencies.

In contrast, in some megadiverse countries as Ecuador, the population targets the use of medicinal plants as an alternative treatment due to about 3000 medicinal plant species that are not being used properly<sup>3</sup>. Thus, this work describes a list of different compounds belonging to medicinal plant species that grow in Ecuador with potential bioactivity against new SARS-CoV-2.

#### Background Medicinal plants species Cúrcuma longa[A5] L.

Turmeric, possibly originating from India and belonging to the Zingiberacea family  $\left[ A6\right]$  , is an evergreen herbaceous plant that grows mainly in India and China. The plant is distributed throughout the tropics and subtropical regions of the world<sup>4</sup>. The presence of various metabolites such as curcuminoids, oil content, flavonoids, phenolics, amino acids, proteins, and alkaloids reveals a correlation with their medicinal uses. Curcumin has been classified as Generally recognized as safe (GRAS) by the United States Food and Drug Administration (FDA), which means that the addition in food is considered safe<sup>5</sup>. Curcumin has been shown to have antiviral activity; it has acted as an efficient inhibitor of Epstein-Barr virus (EBV[A7] [A8] [A9] ) [A10]<sup>6-11</sup> and Human Immunodeficiency Virus (HIV). Also, it has inhibited the HIV-1 integrase necessary for viral replication<sup>4</sup>.

Moreover, this compound has been studied as an antiviral

agent against HIV, herpes simplex virus (HSV), hepatitis viruses, influenza type A virus (IAV[A11])<sup>12</sup>, and Ebola virus<sup>13</sup>. The potential activity of curcumin against SARS-CoV- 2 has been demonstrated by (14), using the molecular docking method to determine the affinity of binding between the active molecule and COVID-19 proteases [A12]<sup>15,16</sup>. 6LU7 AND 6Y2E expressed in kcal/mol obtain favorable results and recommend the plant species for future studies [A13]<sup>17-19</sup>. Due to its various properties, curcumin has the potential for the development of new





**Figure 1.** Curcumin:  $C_{21}H_{20}O_6$ .

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Coriandrum sativum[A14] L.

It belongs to a large family [A15] (apiaceae) of flowering plants, which belong to 455 genera distributed mostly in temperate zones, known as "Cilantro[A16] "20. It is an annual plant native to the Mediterranean and the Middle East Regions<sup>21</sup>. A study assessed with hexane and aqueous extracts of the seed has revealed inhibition of 99 and 95% of Herpes Simplex with at a concentration of 500 ug / mL, demonstrating antiviral properties<sup>21</sup> The potential activity against SARS-Cov-2 of the Coriandrin[A17]<sup>22,23</sup>, a component of *C. sativum* has been demonstrated by molecular docking, using the COVID-19 6LU7 and 6Y2E proteases of the Coronavirus as binding targets obtaining optimal results14. SARS-CoV and SARS-CoV-2 are comparable at their receptors, such as the receptor-binding domain (RBD) and the receptor-binding motif (RBM) in the viral genome[A18]<sup>24-26</sup>. Consequently, Angiotensin-Converting Enzyme 2 (ACE2) gets connected to RBM of the S protein when SARS affects<sup>27,28</sup>. Extracts of *Coriandrum sativum* leaves have been reported to have different flavonoids, inhibit an angiotensin-converting enzyme activity, and prevent various cardiovascular disorders<sup>29</sup>.



**Figure 2.** Coriandrin:  $C_{13}H_{10}O_4$ .

#### Eucalucalyptus L'Hér

It is native to Australia and Tasmania, with some species identified in New Guinea, the Philippines, and Indonesia [A19]<sup>30</sup>. The widest plant genus belongs to the Myrtacea family, covering 90% of the tropical areas established in 1955. [A20] It was first cultivated outside its native habitat in Portugal, and then it was subsequently widely distributed in Europe, Latin America, Asia, and Africa. Among the most prominent countries are United States, Ecuador, Colombia, Chile, China, Spain, Israel, Ethiopia, Morocco, South Africa, and Uganda<sup>31</sup>. The essential oils of Eucalyptus L'Héare known to be rich in a monoterpene for medicinal use called eucalyptol (1,8-cineole)<sup>32,33</sup>.[A21] Varieties such as Eucalyptus globulus have been demonstrated possess in their chemical composition eucalyptol (63.81%) [A22] [A23]<sup>34</sup>, pinene [A24] (16.06%), aromadendrene (3.68%), and o.-cymene (2.35%)<sup>33</sup>. Eucalyptol is an organic, liquid, and colorless compound. It is a cyclic ether and a monoterpenoid<sup>35</sup>. Eucalyptus extract has been shown activity against SARS-CoV at the concentration of 100 µM, similar to the Ginsenoside-Rb1, one of the traditional Chinese herb's pharmacologically active components Panax ginseng<sup>36,37</sup>. A potential activity against SARS-Cov-2 of the molecules Eucalyptol and Jensenone was demonstrated [A25] by molecular docking using the main protease (Mpro) / chymotrypsin-like known as protease (3CLpro) of COVID-19 as a binding target, represents a potential target for inhibition of Coronavirus replication<sup>38-40</sup>. Since it

plays a vital role in the necessary processing of polyproteins in the replication of Coronavirus, this affinity of the Eucalyptol and Jensenone molecules should be studied in more detail for their potential use as SARS-CoV-2 inhibitors<sup>35</sup>.





**Figure 3.** Eucalyptol:  $C_{10}H_{18}O$ ; Jensenone:  $C_{13}H_{14}O_6$ .

The Morus genus belongs to the Moracea family [A27] and has 24 species of at least 100 varieties. However, Morus spp has spread throughout the world [A28]<sup>41</sup>. It is believed that its origin is in Asia. Morus species are known for their medicinal uses as antibacterial and antifungal properties reported in many regions of the world. Molecules such as flavonoids, benzofurans, stilbenes, polyhydroxy alkaloids, and kiwanons are responsible for this pharmacological properties<sup>42</sup>. Studies in Morus alba have determined 1- deoxynojirimycin, which has antiviral effects against the hepatitis B and C viruses<sup>43,44</sup>. [A29] The juice and seeds of this plant species can have a positive impact on human health since it is rich in polyphenols, which are responsible for multiple biological activities, such as antiviral activity against influenza virus strains A / Brisbane / 59/2007 (H1N1), pandemic A / Korea / 01/2009 (H1N1) and B / Florida / 4 / 2006<sup>45</sup>. The anti-Human Coronavirus (HCoV) [A30]<sup>42</sup> 229E properties were demonstrated by the cytopathogenic effect's in vitro antiviral activity, favorable results were obtained for the 1-deaoxynojirimycin, kuwanon G, mulberroside A molecules present in the Morus alba species. These molecules' antiviral mechanisms require additional studies to determine whether they are based on blocking viral entry into the host cell or inhibiting viral replication<sup>42</sup>.

#### Salvia Rosmarinus[A31] L.

This aromatic plant with needle-shaped leaves belongs to the Lamiaceae family[A32] , and it is cultivated throughout the world<sup>46</sup>.[A33] Rosemary has therapeutic properties and has been used in popular medicine as antifungal, antibacterial, anti-inflammatory, anti-tumor, antithrombotic, antiviral, antidepressant antioxidant<sup>47,48</sup>. [A34] [A35] Some flavonoids have been identified (eriocitrin, luteolin 3'-O-  $\beta$ -D-glucuronide, hesperidin, diosmin, isoscutellarein 7-0-glucoside, hispidulin 7-O-glucoside, and genkwanin)<sup>49,50</sup>. [A36] Other molecules described with potential bioactivity are carnosol, carnosic, rosmaric, ursolic, oleanolic, and micrometric acid<sup>47</sup>. The Oleanolic acid, rosmarinic acid, and ursolic acid were used to determine the antiviral activity against SARS-CoV-2[A37]  $^{\rm 51-53}$  by molecular docking analysis, obtaining favorable results and establishing these molecules as potential inhibitors of the SARS-CoV-2 virus<sup>14</sup>.



**Figure 4.** 1 Deoxynojirimycin:  $C_6H_{13}NO_4$ ; Kuwanon G:  $C_{40}H_{36}O_{11}$ ; Mulberroside A:  $C_{26}H_{32}O_{14}$ ;



**Figure 5.** Oleanolic acid:  $C_{30}H_{48}O_3$ ; Rosmarinic acid:  $C_{18}H_{16}O_8$ ; Ursolic acid:  $C_{30}H_{48}O_3$ .

### Azadirachta indica[A38] A. Juss

Belonging to the Meliacea family[A39], this plant has been used to cure multiple diseases in different parts of Asia and Africa, one of the first plants mentioned in Siddha medicine, the oldest medical system known to humanity<sup>54</sup>. *In vivo* studies with aqueous extract have revealed that the maximum non-toxic concentrations of 120-30 mg/mL resulted [A40] in inhibiting the virus replication (Dengue Virus type-2)<sup>55</sup>. Polyphenolic flavonoids extracted from fresh Neem leaves show antibacterial and antifungal activities. On the other hand, the extract of Neem bark at a variable concentration of 50 to  $100 \ \mu\text{g}$  / mL can stop the entry of Herpes Virus Simplex (HSV-1) into cells<sup>56</sup>. This plant's use in treating infections of various viruses such as poliovirus, bovine herpesvirus type 1, duck plague virus has also been reported<sup>57</sup>. Molecules present in this plant species, such as Nimbaflavone, rutin, and Hyperoside, have shown a potential inhibition in influenza viruses (H1N1, H1N2, H2N2, H2N3, H5N1, H7N2, H7N3, H7N7, and H9N2) by exhibiting extensive antiviral properties<sup>58</sup>.

#### Cinchona pubescens[A41] Vahl

It is one of the 23 species of the Cinchona genus[A42] that belongs to the Rubiacea family[A43] . It has widely been introduced in many parts of the world as Bolivia, Colombia, Ecuador, and Peru for its source of quinine<sup>59</sup>. Quinine is the component of a popular malarial drug, but despite being useful in malaria, its bark has an unacceptable risk of toxicity due to a lack of optimization in the quinine dose<sup>60</sup>. Potential anti-SARS-CoV-2 inhibition of the quinine molecule has been demonstrated by molecular docking analysis using the 6LU7 COVID-19 protease as a target. The results are recommending the molecule for further studies for its potential inhibition<sup>56</sup>.

#### Potential bioactive compounds

Table 1 details the studies on compounds from medicinal plants that grow in Ecuador with potential inhibition against SARS-CoV-2. The species *Azaradichta indica* is included in this list despite not reporting studies for this virus due to the number of biological evaluations carried out as antiviral.





**Figure 6.** Nimbaflavone:  $C_{26}H_{30}O_5$ ; Rutina:  $C_{27}H_{30}O_{16}$ ; Hyperoside:  $C_{21}H_{20}O_{12}$ .

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## **Figure 7.** Quinine: $C_{20}H_{24}N_2O_2$ .

Name	Active ingredient /pharmacological action	Methodology	Mechanism of action	Ref.
Curcuma longa L Common name: Turmeric	Pharmacological action: -Antiviral activities, -They have an anti-SARS-CoV 2 component	Molecular docking analysis	The binding affinity of the active molecule to the COVID-19 6LU7 and 6Y2E proteases expressed in kcal/mol	14
Coriandrum sativum L Common name: Coriander	Pharmacological action: -Antiviral activities, They have an anti-SARS-CoV 2 omponent	Molecular docking analysis	The binding affinity of the active molecule to the COVID-19 6LU7 and 6Y2E proteases expressed in kcal/mol	14
Morus alba L Common name: Mulberry	Pharmacological action: -Antiviral activities -They have anti HCoV 229 components	In vitro antiviral activity of the cytopathogenic effect	These molecules' antiviral mechanisms require further study to determine whether they are based on blocking viral entry into the host cell or inhibiting viral replication.	42
Salvia rosmarinus L Common name: Rosemary	Pharmacological action: -Antiviral activities, -They have an anti-SARS-CoV 2 components	Molecular docking analysis	The binding affinity of the active molecule to the COVID-19 6LU7 and 6Y2E proteases expressed in kcal/mol	14
Azadirachta indica A. Juss Common name: Neem	Pharmacological action: Inhibits influenza virus (H1N1, H1N2, H2N2, H2N3, H5N1, H7N2, H7N3, H7N7 and H9N2)	Molecular docking analysis	The binding affinity of the active molecule to nucleoproteins of influenza virus strains to avoid their replication expressed in kcal/mol	58
Cinchona pubescens Vahl Common name: Husk	Pharmacological action: Potential inhibition of SARS- CoV 2	Molecular docking analysis	The binding affinity of the active molecule to the COVID-19 6LU7 protease expressed in kcal/mol	56,61
Eucalyptus L'Hér Common name: Eucalyptus	<b>Pharmacological action:</b> Potential inhibition of SARS- CoV 2	Molecular docking analysis	The binding affinity of the active molecule to COVID-19 proteases (Mpro / 3CL pro) expressed in kcal/mol	62

Table 1. Bioactive compounds with potential inhibition against SARS-CoV-2.

# Conclusions

Seven medicinal plants that grow in Ecuador have potential use for the treatment of COVID-19: Azadirachta indica, Cinchona pubescens, Coriandrum sativum, Cúrcuma longa, Eucalyptus spp, Morus alba, Salvia rosmarinus. The literature reported for these species 11 bioactive compounds against SARS-Cov-2. This report provides a baseline for further studies to validate the antiviral potential of these plant species.

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#### **Conflicts of Interest**

The authors declare no conflict of interest.

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